

A.S.P.I.R.E.

A: Approach/attitude/arrange

- Approach your studies with a **positive attitude**
- Arrange your study schedule to eliminate distractions



S: Select/survey/scan

- Select a reasonable chunk of material to study
- Survey** the headings, graphics, pre- and post questions to **get an overview**
- Scan the text** for keywords and vocabulary: mark what you don't understand

P: Piece together the parts:

- Put aside your books and notes
- Piece together what you've studied, either alone, with a study pal or group: **summarize** what you understand



I: Investigate/inquire/inspect:

- Investigate (=consult) other sources of information such as class notes, textbooks, teacher websites, other websites, tutors, etc.
- Inquire from support staff (teachers, ASC tutoring, D. Study teacher, counselor) and other resources for assistance
- Inspect what you did not understand with one of the resources consulted above



R: Reexamine/reflect/relay

➤ Reexamine the content | Reflect on the material | Relay understanding

- Reexamine:**
What questions are there yet to ask? Is there something I am missing?
- Reflect:**
How can I apply this to what I am learning/studying now? Is there a new application for it?
- Relay:**
Can I explain this to someone else/other students? Will they understand it better if I do?

E: Evaluate/examine/explore:

- Evaluate your grades on tests and tasks: look for a pattern
- Examine your progress: toward achieving your goals
- Explore options for improvement --with a parent, teacher, support staff

